



## LANDMARK ELEMENTARY SCHOOL

Hanover School Division  
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PRINCIPAL  
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September 6<sup>th</sup>, 2018

Dear Grade 5 and 6 Cross Country Runners,

Welcome to the Landmark Elementary Cross Country Team! We are looking forward to training with you in the next few weeks. Here are some important things you need to know. Please share this information with your parents/guardians.

### Important Dates:

#### Race # 1

*When:* Friday, September 21st

*Time:* 1:00 – 3:30

*Where:* Abe's Hill & Steinbach Soccer Park

*Start & Finish:* Starting area is by Abe's Hill, Finish line will be by the Soccer Park.

*Race Start Times:*

1. 1:15- The grade 5 girls' race will begin.
2. 1:25- The grade 5 boys' race will begin.
3. 1:35- The grade 6 girls' race will begin.
4. 1:45- The grade 6 boys' race will begin.

**(Please inform Ms. Sokolowski if your child is being picked up from the park)**

#### Race #2

*When:* Friday, September 28th

*Time:* 1:00 - 3:30

*Where:* A.D. Penner Park in Steinbach

*Race Time Table:*

1. 1:00 Grade 5 girls' race will begin.
2. 1:10 Grade 5 boys' race will begin.
3. 1:20 Grade 6 girls' race will begin.
4. 1:30 Grade 6 boys' race will begin.

**(Please inform Ms. Sokolowski if your child is being picked up from the park)**

### Practices:

All practices will be at 12:00 for approximately 15-20 min. Students will have their lunch following the practice. Please ensure you are dressed in appropriate outdoor wear and running shoes. If it is raining, the practice will be held in the gym.

**Additional Information:**

- Time will be provided for the students to eat their lunch at school before the bus leaves for both Cross Country Runs. **Please bring water bottles!**
- Both runs are approximately 2.5 km in length. Parents are encouraged to come out and cheer on our students as they cross the finish line!
- School even shirts are \$5.00. Please see Ms. Sokolowski if you would like to purchase one.
- Please hand in permission forms as soon as possible.

Thank you,

Ms. Sokolowski